



South Frankfort
PRESBYTERIAN CHURCH

Aug. 4,
2026

THE COURIER NEWSLETTER

Seeking to be a living testimony to God's love, grace, and mercy.

Rest is Necessary, Rest is Holy

"On the sixth day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation." -Genesis 2:2-3

When I was in seminary, my classmates and I were consistently reminded and warned to be on the lookout for burnout. The statistic we were often presented with painted a somewhat grim picture - only about 35% of those who enter parish ministry when leaving seminary make it past the five year mark. Our professors didn't give us this information to scare us, and I don't share it now to discourage, but instead to really drive home the importance, the absolute necessity, of rest.

We exist in a culture that wants us to connect our worth to our productivity. We are told to wear our overworking as a badge of honor, to hustle, to grind, to never stop lest we fall behind. Or, if we don't fall victim to *those* messages, our schedules and our families schedules still keep us going non-stop. Work, sports, travel, volunteering, family obligations - so many of us know the never-ending feeling of it all.

What I've had to learn, and what I've had to remind myself time and time again is this: my worth *does not equal* my productivity. Again, my worth does not equal my productivity. Of course we all have obligations, we all have things we must do and maintain for our families, for our careers, and for our own health. But we must continue to remember that our worth comes from God alone, the same God who rested on the seventh day. Who hallowed that day as a day of rest and made it holy. God rested, and God calls us to do the same. As we get into a new school year and another new programming year at the church, may we continue to remember to rest. May we continue to remember that our worth is not measured by our productivity. And may we continue to remember that rest is both holy and a command.

Rest up! In Christ,



Left: These photos are of our seniors from Senior Sunday, and of the two who received scholarships (Amelia Wilkerson and Jaxon Doss).

Women from SFPC's three Circles gathered in Fellowship Hall on July 28 for a Summer Circles Salad Supper hosted by SFPC Presbyterian Women (PW). It was an evening filled with laughter, food, fellowship and music provided by our very own Katherine Rash and Stewart Stoltz.

PW Moderator Susan Moore gave a short overview of our umbrella PW National organization and its resources available to us at a local level. She also gave a report on the mission of SFPC PW and how the women of SFPC fulfill this mission.

Currently, there are three active PW Circles who meet throughout the year. If you are interested in learning more about Presbyterian Women, contact Susan Moore at susanlemonmoore@gmail.com or 502-226-0906.

Enjoy the **pictures below** of this fun event!



Help us welcome students back to school!

Join us **today, August 4, from 2:00–4:00 p.m.** as we hand out popsicles to students walking home after their first day of school.

We'll meet at the church by the marquee sign. Whether you can stay for the full two hours or just stop by for a little while, we'd love your help as we share a cool treat and a warm welcome with our community.

Christian Education Committee

Do not open an email sent on Monday from Rev. Marissa asking about gift cards. She didn't send it! We will look into why these scams are being sent. Thank you for your understanding!





South Frankfort
PRESBYTERIAN CHURCH

You're Invited!

SUNDAY SCHOOL KICKOFF!

A NEW YEAR OF LEARNING, GROWING,
AND CONNECTING BEGINS HERE.



**SUNDAY
AUGUST 16**



**10:00
AM**

Whether you're new to South Frankfort Presbyterian Church or have been attending for years, you're invited to our Sunday School Kickoff!



BREAKFAST
Together

Enjoy a complimentary breakfast and great conversation!



**MEET OUR
Teachers**

Learn about each class and the people who lead them.



FELLOWSHIP
with Others

Connect with old friends and make new ones!



**BACKPACK
Blessing**

During worship for all students, teachers, and school staff as they begin a new school year.



NURSERY
Birth-3 Years
10:00 AM-12:00 PM
Lead Teacher: Kathryn Rash



CHILDREN
Preschool-5th Grade
10:00-11:00 AM
Lead Teacher: Jill Stolz



YOUTH
6th-12th Grade
10:00-11:00 AM
Lead Teachers: Rob Moore & Jacob McCowan



**FAITH IN
ACTION**
Adults
10:00-11:00 AM
Lead Teachers: Steve Pace & Gary Stolz



COUNTERPOINTS
Adults
10:00-11:00 AM
Lead Teacher: Bill Kirkland



**COMING
SOON!**
PUB THEOLOGY
Adults



Everyone is Welcome!
Come discover a class where you can grow in faith, build meaningful friendships, and explore God's Word together.

SOUTH FRANKFORT
PRESBYTERIAN CHURCH

224 Steele St.
Frankfort, KY

sfpc.ky.org

South Frankfort
Presbyterian Church

LOVE GOD. LOVE ONE ANOTHER. SERVE OUR COMMUNITY. | MATTHEW 22:37-39



August 4, 2026

Events and Activities

Monday, August 3-August 9 Rev. Marissa Carver's vacation
Tuesday, August 4
2:00 ... Hand out popsicles to students walking by.
Wednesday, August 5 Love Basket donations due
7:00 ... Choir Practice Resumes
Sunday, August 9
10:00 ... Counterpoints SS Adult Class No Faith in Action class
10:00 ... No Children's & Mid. School SS Classes
11:00 ... In person & Facebook Worship Service, Rev. Jack Brewer
12:00 ... Deacon Meeting
Monday, August 10
10:00 ... Church Women United Board Meeting until noon
2:00 ... Bridge
4:30 ... Knitting Group
Wednesday, August 12
7:00 ... Choir practice
Saturday, August 15 Ann Disney's Celebration of Life
10:00 ... Visitation
10:00 ... Service Both are held at SFPC.
Sunday, August 16 Sunday School Kick Off, Blessing of Backpacks
All Students and Teachers should bring their backpacks.
10:00 ... Sunday School Kick Off Breakfast (all ages welcome)
10:00 ... Counterpoints SS Adult Class No Faith in Action class
11:00 ... In person & Facebook Worship Service, Rev. Marissa Carver
12:00 ... Session Meeting
Monday, August 17
2:00 ... Bridge
4:30 ... Knitting Group
6:00 ... SF Neighborhood Assoc. meeting, Fellowship Hall
Wednesday, August 19 Fellowship Dinner
7:00 ... Choir practice
Sunday, August 23
10:00 ... Counterpoints SS Adult Class No Faith in Action class
10:00 ... Children's & Mid. School SS Classes
11:00 ... In person & Facebook Worship Service, Rev. Marissa Carver
5:00 ... Youth Group Kick Off

Worship Sunday

Attendance: July 26, 2026
SFPC in person: 55
Join us Sundays - 11:00 a.m.,
also online service.
During our live streaming time,
you can go to
YouTube: [youtube.com/
@southfrankfortpresbyteri-
an8198.com](https://www.youtube.com/@southfrankfortpresbyterian8198.com) or to
Facebook: [facebook.com/
sfpcchurch](https://facebook.com/sfpcchurch)
The next week, you may go to
www.sfpc.org, the church's
website and click "YouTube"
or "Facebook" at the bottom
right corner of the website to

If not in the service, please
consider donating one of
two ways:
1. Mail a check to: South
Frankfort Presbyterian Church
224 Steele Street, Frankfort,
KY 40601.
2. Click the green "Give
Now" button on our website at
sfpc.org. You can start and
manage your
account, and
even set up
repeating
donations.



July 26, 2026
Offering: \$631.00

Prayer List

Helen Taulbee	Glenda Harned
Bill Cheek	Jane Wilson
Patti Cross	Dale Bryant
Alice Delambre	Christine Richards
Marcella Diehl	Carolynn Underwood
Presley Winner	Nancey Belle Smith
Disney Family	Brad Wirth
Marisha Johnson	Melanie Pomper
Marisha Johnson	Roger Family
Gail Gramlett	Greear Family
Brenda Duvall	Gail Burge

Names remain on the Prayer List for four weeks unless
the request is long term. To add or retain people with
their permission, email or call the church office.

Memorial Donations

In Memory of John Baughman
Nancey Belle Smith

B.T. Bingham, son of
Brian and Jennifer
Bingham shared his
beautiful voice this
past Sunday!
He sang "Happiness Is
the Lord" by Ira F.
Stanphill.
Thank you, B.T.



Aug. 4	Kim Erbeck	Aug. 21	Chris Talley
Aug. 5	Caroline Brady	Aug. 22	Brooke Christopher
Aug. 5	Sean Jarboe	Aug. 22	Caitlin Griffey
Aug. 7	Natalie Looney	Aug. 22	Katherine Rash
Aug. 9	O'Mara Tolliver	Aug. 23	Bill Powers
Aug. 11	Jackman Donnelly	Aug. 23	Emmy Toliver
Aug. 11	Brent Sweger	Aug. 23	Judy Turner
Aug. 15	Kristen Bellamy	Aug. 27	Liam Breeck
Aug. 16	Glenda Harned	Aug. 28	Karen Mucci
Aug. 16	Mark Overstreet	Aug. 28	Ella Stumbo
Aug. 17	Jonah Fern	Aug. 31	Jim Baker
Aug. 21	Bill Catlett	Aug. 31	Brianne Bingham
Aug. 21	Dianne Doss	Aug. 31	Marty Schmidt
Aug. 21	Robert Rhodes		

Happy Birthday

Dear South Frankfort,
Fawn and I so appreciate your loving concern for
my recent knee surgery. You showed your love
through prayers, calls, cards, and dishes. Sounds
like Matthew 25 to me. The recovery is going
well and I made it to worship yesterday. Thank
you South Frankfort friends in Christ,
Steve Pace

College Love Baskets

Help us shower our college freshmen as they
head off to college for the first time by
bringing small gifts to fill up their love bas-
kets. Some suggested donations include gift
cards, candy, snacks, highlighters, pens, post
-its, and command strips.
We have four female students and 2 male
students this year. Please bring your
donations to the Fellowship Hall by this
Wednesday, August 5th!
The 6 white "laundry" baskets are already in
the Fellowship Hall and are ready for your
items.



The First Methodist
church placed this
sign in our yard
around Easter time.
Thanks to the
wonderful SFPC
crew who trimmed
a lot of bushes, we
are now able to see
this sign of
appreciation.