



Tis the season  
for celebrations!

School's out! It's time to go to the pool.  
Summer is just around the corner!  
It's GRADUATION time.

As I shared graduation congratulations and advice for the future with graduates this season, I came across the following words, which I wish I could claim as my own. Alas, I cannot, but I felt they were worth sharing, with some admitted revisions. They speak not only to graduates, but with each of us, who graduate day to day, as we move forward despite obstacles, celebrate joys of being alive, and always have room to grow and learn. Lest we forget who is guiding our steps and unfurling a path before us, take a moment to ponder these thoughts. We come from a culture that tells us to keep moving forward, keep doing, keep growing. And that's good. But we also need time to rest and process. Time to let our hearts catch up to the racing pace we've been keeping. Time to seek the Lord and rest in Him.

I hope you take these things to heart.

### **Embrace who you are meant to be.**

David writes in Psalm 139 that God knit us together in our mother's womb, and that He knew each of our days before we had even lived one of them.

The Lord knows us so well, better than we know ourselves. As you step away from the confines of a university, away from the friends and faculty who have supported you and mentored you and done life with you, I pray you get the chance to get to know *you*.

I'm not sure entirely what that looks like for you. Each of us are on different places in this journey of self-discovery. I can only tell you that as faithful people, who continue to seek the Lord, He continues to reveal who we are. If you just pay attention, you will begin to see that He's constantly reminding you whose you are. He has called me by name and I am His.

You are not defined by this world or what anyone says about you. It's often hard to lay aside the opinions of others. But the only opinion that will ever matter is that of your Father. He made you. Your true identity, your true worth is found in Him.

### **Give yourself the freedom to seek and discover who you are in the Lord.**

Perhaps there are some things He knows about you, ways He's wired you, that you don't understand or are even aware of yet. Ask Him to show you. And then embrace it. Embrace the fact that you are fearfully and wonderfully made; that nothing about you is a mistake or a mess-up. You are a vessel of grace, receiving and pouring out His love. Embrace the fact that you are a dearly loved child of God, co-heir with Christ, child of the Most High King. When that truth begins to take root in your heart, it changes everything.

### **Learn to acknowledge your heart.**

This is something that's taken me years to learn. As a thinker, you might tend to face life with your mind rather than your heart. You may look for the logic, even when emotions are screaming otherwise. But there's a balance. We need a healthy mix of thinking, feeling and faith. We also need to learn to take stock of the state of our hearts.

I hope you have someone who can look you in the eye and ask how your heart is doing. After the surface level conversation, they give you permission and push you to dive deep into your heart and see what's really there. Most of the time there's something messy that needs to be dealt with, something that's been festering a little too long. I hope you have someone who cares enough to go deep with you, to push you a little to acknowledge the truth of what's really going on in your heart, and then pray with you.

How's your heart doing?

### **Enjoy the journey.**

You know by now that the goal of life isn't a goal at all—it's all about the journey. We think we have to get somewhere or climb some ladder in order to be happy or successful, but in truth, even at the top, we're still going to be looking for something more. That is, until you put God first. Then the journey, goals and wherever you land, will be right.

A new journey is beginning for you, this journey we call "the real world." It's a real thing with so many challenges and joys ahead. Pray that the hardships you face will shape you and mold you, make you more compassionate and empathetic, stretch you and change you, and ultimately draw you closer to Jesus. As for the joys, may they set your feet to dancing and your voice to singing. May your eyes light up and your mouth utter unceasing praise to the Lord. What wonders and adventures await you. We can't begin to guess how God is going to move and work in and through you. But this we do know: His plans are good, and He is always with you.

Wherever life takes you, wherever the Lord leads you, He surrounds you on all sides. He's already been there, already laid the path. He's calling you deeper into Himself, deeper into His love and grace as He whispers, "Sweet child, this is only the beginning of what I have for you. Stay close, and hold on. It's going to be some ride!"

It's not going to look quite like you think. Life rarely ever does. But I promise you, it will be good. Even when it doesn't look good, God is fulfilling His purposes and making His name known.

Live in his love!

**Tierelee Logan**



**Events and Activities**

**Wednesday, May 27**

7:00 ... Choir

**Sunday, May 31**

10:00 ... Counterpoints & Faith in Action SS Adult Classes

10:00 ... Children's & Middle School SS Classes

11:00 ... In person & Facebook Worship Service, Rev. Marissa Carver

6:00 ... Frankfort High Baccalaureate (No Youth Group)

**Monday, June 1 "Stock the Shelves"**

9:00 ... A sign up sheet for volunteering to stock the shelves at the Emergency Food Pantry is on the table in the back of the Sanctuary.

2:00 ... Bridge

4:30 ... Knitting

**Monday, June 1-Thursday, June 4 Adult Bible School**

6:00 ... A light meal will be served before the lesson at 6:30.

**Tuesday, June 2**

12:00 ... Circle 3, Kay Robertson's Home

3:30 ... Circle 2

**Wednesday, June 3**

7:00 ... Choir

**Saturday, June 13-Saturday, June 20 Montreat Youth Trip**

**Growing in Faith Together This Summer:**

Christian Education Committee is excited to kick off a meaningful and joy-filled summer with two engaging Vacation Bible School (VBS) opportunities for both adults and children.

The season begins with Adult VBS, taking place June 1st-4th. This year's theme, "What God Has to Say to Us in the 21st Century," will be led by Jerry Sumney. Each evening will start with a light supper from 6:00-6:30 p.m., followed by a thoughtful discussion and session from 6:30-7:30 p.m. This promises to be an inspiring time of reflection, learning, and connection. All members and friends are encouraged to attend and be part of this enriching experience.

Following Adult VBS, the church will host its Children's VBS: "River of Life" from June 22nd-25th, 5:00-7:00 p.m. each evening. Dinner and snacks will be provided, making it easy for families to participate. Each day will focus on a meaningful theme:

- Day 1: God Provides
- Day 2: God Protects
- Day 3: God Loves, We Love
- Day 4: Closing celebration with a fun activity



Children will enjoy a welcoming environment filled with faith, friendship, and fun while learning about God's love and care in their lives.

We encourage families to send their children, and to invite friends, neighbors, and others who may be interested. It's a wonderful opportunity to build community, grow in faith, and celebrate the start of summer together.

We hope to see you all this summer!!! *Jill Stoltz*

**30th Anniversary Dinner for the Kings Center**

Please join the celebration and help support The Kings Center by buying a ticket (or two!) for their **30th Anniversary Dinner, Saturday, June 20** at First United Methodist Church.

Doors open at 5:30, with the silent auction, dinner and program starting at 6. You can purchase your ticket(s) online by scanning the QR code below or on the Kings Center website at [kingscenter.org](http://kingscenter.org).



**It's that time again!** We hope your child will join us on the **River of Life** at South Frankfort Presbyterian Church **Vacation Bible School**. This year we will be learning about how God's love, like a river, flows through us and into our community. We will be making connections and hearing from experts on the importance of water and how to keep it clean. This four-day event will begin Monday, June 22nd with a River Boat ride on Thursday, June 25th. Monday through Wednesday children will be dropped off at the main entrance of the church on Steele St and picked up in the fellowship hall on Third St. On Thursday, we will meet at the Ward Oates Amphitheater and walk to the Paul Sawyer Library boat dock. More details on logistics for Thursday will be communicated later. We look forward to seeing your child, it will be a fun time! **Please complete the registration form** by clicking on the link below: For more information or questions please contact Jill Stoltz at [jill\\_hntr@yahoo.com](mailto:jill_hntr@yahoo.com) or 502-330-2423.

[https://docs.google.com/forms/de/1FAIpQLSeUS\\_9ID3SwNsTRXvCsgkJuKHA3FpkimiwvqbrPQeHEXyMqw/viewform?usp=header](https://docs.google.com/forms/de/1FAIpQLSeUS_9ID3SwNsTRXvCsgkJuKHA3FpkimiwvqbrPQeHEXyMqw/viewform?usp=header)

**Worship Sunday**

Attendance: **May 24, 2026**

SFPC in person: **64**

**Join us Sundays - 11:00 a.m.,**

**also online service.**

During our live streaming time,

you can go to

**YouTube: [youtube.com/@southfrankfortpresbyterian8198.com](https://www.youtube.com/@southfrankfortpresbyterian8198.com)**

**or to**

**Facebook: [facebook.com/sfpcchurch](https://www.facebook.com/sfpcchurch)**

The next week, you may go to

[www.sfpcy.org](http://www.sfpcy.org), the church's

website and click "YouTube"

or "Facebook" at the bottom

right corner of the website to

**If not in the service, please consider donating one of two ways:**

1. Mail a check to: South Frankfort Presbyterian Church 224 Steele Street, Frankfort, KY 40601.

2. Click the green "Give Now" button on our website at [sfpcy.org](http://sfpcy.org). You can start and manage your account, and even set up re-

peating donations.

**Give Online**

**May 17, 2026**

**Offering: \$3676.00**

**Prayer List**

Helen Taulbee	Glenda Harned
Jackie Hensley	Jane Wilson
Bill Cheek	Ann Disney
Patti Cross	Christine Richards
Alice Delambre	Carolynn Underwood
Marcella Diehl	Nancey Belle Smith
Presley Winner	Brad Wirth
Dale Bryant	Toni Lewis

*Names remain on the Prayer List for four weeks unless the request is long term. To add or retain people with their permission, email or call the church office.*

**Interfaith Food Drive - items delivered on June 14.**

**Items most needed: (Boxes are in Fellowship Hall.)**

Canned chicken or Meat, Peanut Butter

Boxed Instant Oatmeal, Soup,

Canned Fruit, Spaghetti Sauce/Spaghetti,

Canned Beans, Rice (1 lb. bag or Minute Rice)

If you prefer to donate money, you may make a check

out to the Emergency Community Food Pantry

Or donate at <http://www.frankfortfoodpantry.org>.

**Happy May Birthdays!**

**May 4 Lucas Ritter**

**May 6 Karen Brady**

**May 9 Tierelee Logan**

**May 10 Anna Curlin**

**May 12 Christy Brock**

**May 16 Nancey Belle Smith**

**May 17 Jim Roberts**

**May 19 Njomi Bebe**

**May 19 Kim Fern**



**We are working on a church directory and we need your help!**

Please check one of the sample directory copies from the table at the back of the Sanctuary.

If all your information is correct, **place a ✓ next to your name.**

**Please update any inaccurate information and write it next to your name.** You may also send corrections to [cyndysusan.sfpc@gmail.com](mailto:cyndysusan.sfpc@gmail.com). Thanks to everyone who has already emailed with your changes.